ASTARA LIGHT

Elevating Spiritual Consciousness

YOUR MONTHLY BLESSING

NOVEMBER BLESSING

"May the gentle flow of Eternal Light attend to your daily needs - and may you ever be open in body, mind and spirit to receive it."

AFFIRMING MEDITATION

Within this center of consciousness, I am a center of orderly action through which Infinite Will is expressed. Within this center of consciousness, I am a center of harmony in which Infinite Love resides. I am in the Infinite Light, and the Infinite Light is in me.

PRESENT, GRATEFUL AND CONNECTED



NOVEMBER SPOTLIGHT

Being present is a gift that says you matter, I'm paying attention and your opinions are worthy of being expressed. Mindful communications awaken the flow of connectivity and meaningful exchange in a way that a text, emoji or social media post cannot. A bridge is built between two souls who actively listen and speak with intention void of outside distractions and phone interruptions. From the vantage point of the one who needs to feel heard or listened to, the simple act of staying present in the moment is a gift that's easy to give freely.

As the holidays come swiftly upon us and the traditions of sharing, and gratitude are expressed, pay extra attention to paying attention and thankful for the opportunity of connection.

LIGHT STYLE



Tanzanite Faceted Pendant - Crown Setting

Tanzanite activates psychic abilities the crown chakra and the third eye, facilitating communication with the higher spiritual dimensions. $320 USD

SHOP



Large Copper Top Kartika

The kartika represents the cutting through of ignorance and attachment, symbolizing wisdom and liberation. In spiritual practices. $165 USD

SHOP



Smoky Citrine Disintegrator

Smoky Citrine, a harmonious fusion of Smoky Quartz and natural Citrine, combines powerful grounding energy with vibrant, prosperous vibra. $330 USD

SHOP

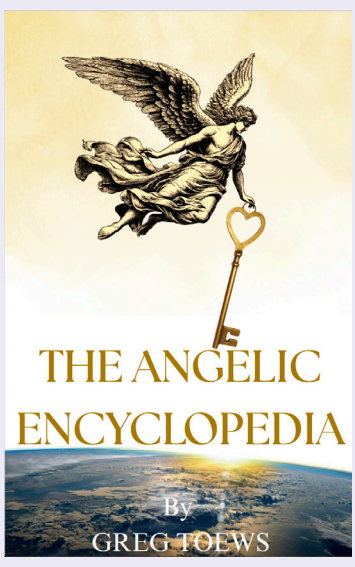
SPIRITUAL ACCELERATORS



Full Moon Bowl F

Full Moon Bowls – Under the light of the full moon, Nepali bowl-making artisans and priests chant together inviting auspicious blessings as these hand hammered bowls increase serenity. $1,560 USD

SHOP



The Angelic Encyclopedia

The Angelic Encyclopedia by Greg Toews Your key to working with angels. Learn how to enter the angelic dimension and bring higher consciousness and intuitive art wisdom. $39.99 USD

SHOP

EVENTS

www.astara.org/events



Thanksgiving Eve Meditation
Mystic Vibration
11/25 4:30 PM-5PM PDT



Giving Tuesday
12/01
All Day

INCREASE YOUR SPIRITUAL CONNECTIONS IN 2026

Follow Astara on our social media platforms and website to keep up-to-date with our free classes, study groups, guided meditations and happenings.

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