

ASTARA LIGHT

Elevating Spiritual Consciousness

YOUR MONTHLY BLESSING

MARCH BLESSING

“ As the dews of Infinite Life fall softly upon your consciousness may they restore your soul, heal your body and refresh your mind. Let the focus of your consciousness be centered upon your association with the Greater Life and thus improve each of your daily affairs. Be at peace with the world and your Self. ”



AFFIRMING MEDITATION

How refreshing are the outpourings of the Infinite as they descend upon me and become one with me. How much do they energize my body with new power. They fortify my mind and spirit with new, vital life.

A CALL FOR RENEWAL

The emergence of Spring awakens an innate desire towards renewal and restoration. The increase in solar rays on the earth gives the student of the Mystery School a refreshed energy towards the pursuit of merging his or her Being with the Infinite Source.

There seems to be a natural, rhythmic, calling towards increasing Prana energy and fusing it with the spiritual aspects of all life. We propose a call to action here, at Astara, in honor of Springtime and ask you to renew your commitment to your spiritual rebirth in whatever way you can.

Engage in renewing your dedication to spread goodness in the world and to share the knowledge, Light and wisdom of Astara through all your works and actions.



LIGHT STYLE



PERIDOT FACETED PENDANT, TEARDROP

Peridot is a crystal of positive power, a talisman for recognizing and honoring the Creator's frequency of Love, the source of all abundance. Used with right intent, it helps expand one's ability to receive from the Universe on all levels of life.

SHOP NOW



SILVER BRACELET WITH LAPIS STONE

This bracelet is approximately 2.5 inches across and weighs 0.3 ounces Lapis Lazuli also known as the "Wisdom Keeper" is one of the most sought after stones in use since man's history began. Its deep, celestial blue remains the symbol of honor and royalty, gods and power, spirit and vision.

SHOP NOW

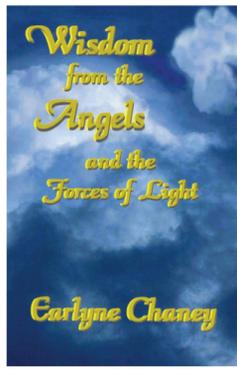


TURQUOISE BEADED NECKLACE

18 inches. Medium beads. Turquoise promotes self-realization and assists creative problem solving. It is a symbol of friendship and stimulates romantic love. Turquoise aids in the absorption of nutrients, enhances the immune system, stimulates regeneration of tissue and heals the whole body.

SHOP NOW

HIGHLIGHTS: SPIRITUAL ACCELERATORS



BUY NOW

WISDOM FROM THE ANGELS AND THE FORCES OF LIGHT

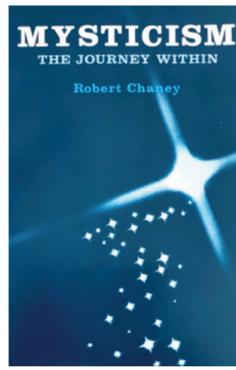
A Satsang is a meeting where seekers of New Age wisdom come together to ask questions of a teacher concerning various topics of Ancient Wisdom. This is an eclectic collection of those questions and answers representing the most requested and interesting topics, such as death, the soul, psychic powers, meditation.



JOIN NOW

ASTARA MEMBERSHIP

A lifetime opportunity to be a part of something bigger. Receive: *Exclusive access to store with discounts up to 15% off most items. *Email offers and Newsletter "The Voice of Astara" and Astara Light digitally mailed (upon request postal) delivered to you. *Access to unpublished material and audio recordings and new classes.



BUY NOW

MYSTICISM THE JOURNEY WITHIN

There are two ways to approach mysticism: doctrinal, a purely intellectual point of view; or experiential, the standpoint of personal experience. Dr. Chaney explores both in this book. The mysticism written about in this book could be presented from the viewpoint of any religion ever known.

FOLLOW THE LIGHT: EVENTS

COMING THIS MONTH



Please keep in touch with Astara. If you have moved make sure we have your address. Email Astara at event@astara.org and help us stay updated.

SEND ADDRESS



Thousand Petal Lotus

Continue the Astara Light Technique Series with Module 3 Thousand Petal Lotus Learn the inner teachings of Prana wisdom Coming in March

SEE ALL EVENTS



INCREASE YOUR SPIRITUAL CONNECTIONS IN 2023.

Follow Astara on our social media platforms and website to keep up-to-date with our free classes, study groups, guided meditations and happenings.

SEEK THE LIGHT - astara.org

Check out our website for all events at Astara.org/events