

ASTARA LIGHT

Elevating Spiritual Consciousness

YOUR MONTHLY BLESSING

OCTOBER BLESSING

“ May you be awakened to the great messages of life that are contained in Life all about you. Whether it be a message written upon the page of a book, the glories of nature, triumphs of science, word of a friend or heart of a loved one, become receptive to it ... and ... responsive to it. ”



AFFIRMING MEDITATION

As I turn to the Inner Way, may the spiritual rays of love and understanding permeate the atmosphere of my life.

HAPPY ANNIVERSARY ASTARA 1951-2026

For seventy-five radiant years, our school has served as a sanctuary for the awakening spirit, devoted wholeheartedly to celebrating the sacredness of life. Founded on the conviction that every human journey carries profound purpose, Astara has nurtured generations through timeless wisdom, conscious reflection, and boundless compassion. Through seven and a half decades of sharing ***The Astara Book of Life Degree Lessons***, meditation, and joyful inquiry, students and mentors alike have gathered here to honor the spark of the divine within every being and creation. What began as a humble seed has blossomed into a resilient canopy of remembrance—reminding all who cross its threshold that life is not a test to endure, but a living miracle to revere, uplift, and celebrate each and every day.

Thank you for helping Astara continue serving the forces of Light for the next 75 years.



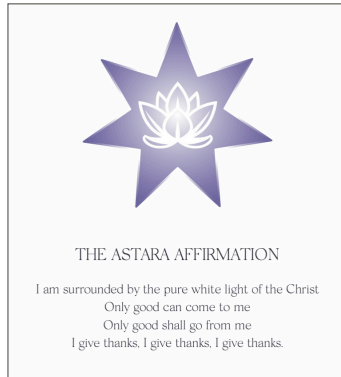
SEEK THE LIGHT- astara.org

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LIGHT STYLE

Astara Affirmation Poster

A Powerful Anchor of Astara Light for Any Sacred Space The Astara Affirmation Poster. Based on the original Astara Affirmation From The Book of Life. \$15 USD



Astara Certificate of Membership

*A lifetime opportunity to be a part of something bigger. Receive: *Exclusive access to store with discounts up to 15% off most items. *Email offers and Newsletters with monthly blessing and meditation. \$44.99 USD*

SPIRITUAL ACCELERATORS

NEW BOOK Release THE ART OF ASTARA



The Art of Astara Book

The Art of Astara Art Book A collection of curated esoteric art from the pages of the Astara Degree Lessons and supplemental books. Experience the Astara teachings in a totally intuitive way and discover why these images transfer energy across the veil.

Released just in time to honor 75 years of Astara teachings and esoteric wisdoms from across dimensional realms of information and knowledge.

This book will be offered as deeper mysticism by Astara in 2027 and a preview will be shown during the anniversary weekend. \$40.00 USD

EVENTS

www.astara.org/events



YOU ARE INVITED TO CELEBRATE ASTARA'S 75 YEAR ANNIVERSARY

Via zoom or on site October 17th-18th

Celebration & Blessing October 17th 5pm PDT Via zoom or Onsite



Lotus Practice & the 4 Aspects of Light
October 17th
9am-5pm PDT

Om Mani Padme Hum "the Science of Synchronicity" Deeper Levels of Clairvoyance



Mantra Sand Essential Oils Class Presented By Plant Prana
October 18th, 10:30 AM-6 Pm PDT
Register at www.plantpranaoils.com



75 Year Anniversary Session October 18th • 10 am PDT