

ASTARA LIGHT

Elevating Spiritual Consciousness

YOUR MONTHLY BLESSING

MARCH BLESSING

“ May the symphony of the spheres sound harmoniously in your life. May the echoes of the higher life strike a responsive cord in all your efforts so that you become a harmonious instrument for the Spirit within. May heaven and earth blend in you and all you do. ”



AFFIRMING MEDITATION

As a center of Divine Life, localized at a point in time and space, let the Greater Life flow through me into the world of persons, things and situations around me.

Come unto me, Life that is greater than my life, and through me make a new world ... a world infused with the essence of the Infinite, a world endowed with the substance of Spirit.

I do not ask for the easy way, but I do seek the Eternal Way.
I do not ask for freedom from responsibility, but I do seek the wisdom and the maturity that will make my responsibilities a pathway to fulfillment and growth.

WE ARE ALL SO LUCKY

(A little reminder from the 1st Degree)

Application of spiritual principles set forth in the Degrees leads ultimately to higher spiritual understanding of the Ancient Wisdom. Highest and final understanding comes only to the one who understands fully ALL the laws of the universe and how they operate in one's life; who comprehends the mystery of death, and life after death; who understands the power within one's being and how it may be utilized to make one's life a paradise while yet here on Earth; who learns to fathom the secrets of the scriptures which reveal God to humankind and unveil the mystery of where one came from, why one is here, and where one is going.

The Astarian, pursuing the study of the Degrees, comes little by little into more mystical light concerning these things. Then will you have become an individual "star of light." You will be more than a seeker, but one who has found the Divine Light within. No one can buy this illumination. No school can sell it ... it is the pearl beyond price. Even Astara's teaching of Ancient Wisdom can only help guide you toward it. YOU must take the steps of the journey. 1st Degree Lesson 2

All of us at Astara, the Board, The Executives, The Volunteers, we all consider ourselves so lucky to be on this journey with you ALL.



LIGHT STYLE

COPPER & SILVER WOVEN CUFF BRACELET

Each copper bracelet is a hand woven blend of our pure and white copper, which ensures the highest amount of healing copper is exposed.



SHOP NOW

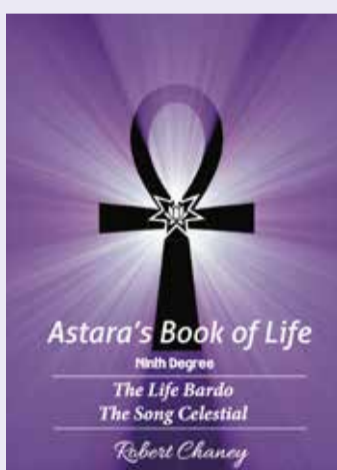
SILVER & COPPER YIN YANG PENDANT - FLAME

Balance and healing is stylishly represented. This hand etched pendant inspired by nature is made with copper and sterling silver.



SHOP NOW

SPIRITUAL ACCELERATORS



ASTARA'S BOOK OF LIFE 9TH DEGREE

The Mysteries of Light & Breath, Respiratory Health, Thought-forms and the Magical Trio, Secrets to Cellular Regeneration, Mystical Integration for Everyday Living, Practicing the Life Bardo.

SHOP NOW



FULL MOON, OM MANI PADME HUM SINGING BOWL - NOTE B

Relax and restore spiritually with the Full Moon, Om Mani Padme Hum Singing Bowl.

SHOP NOW

EVENTS

www.astara.org/events

ARE YOU TAKING ADVANTAGE OF THE WEDNESDAY FREE CLASSES?

Every Wednesday evening from 4-5 PM pst, Astara's President, Greg Toews presents a two-part zoom class 30 min. each that provides the opportunity for participants to practice the teachings from the Degree Lessons. Technique and instructions are given while real time activations are experiences. Join us live or listen the next day on our Astara 1951 Youtube channel.



INCREASE YOUR SPIRITUAL CONNECTIONS IN 2025

Follow Astara on our social media platforms and website to keep up-to-date with our free classes, study groups, guided meditations and happenings.

SEEK THE LIGHT- astara.org

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