

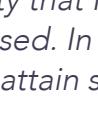


Elevating Spiritual Consciousness

## YOUR MONTHLY BLESSING

### FEBRUARY BLESSING

From life's higher regions, to the individualized focal point of life which you are, may there flow toward you a never ending symphony of power which will constantly reinforce your life. May it strengthen you in meeting and overcoming every obstacle. May it inspire you to ever greater achievements. May it enrich your life with a bountiful treasure of love and accomplishment.



### AFFIRMING MEDITATION

In my consciousness I open myself to the in flow of all that proceeds from the One Great Source.

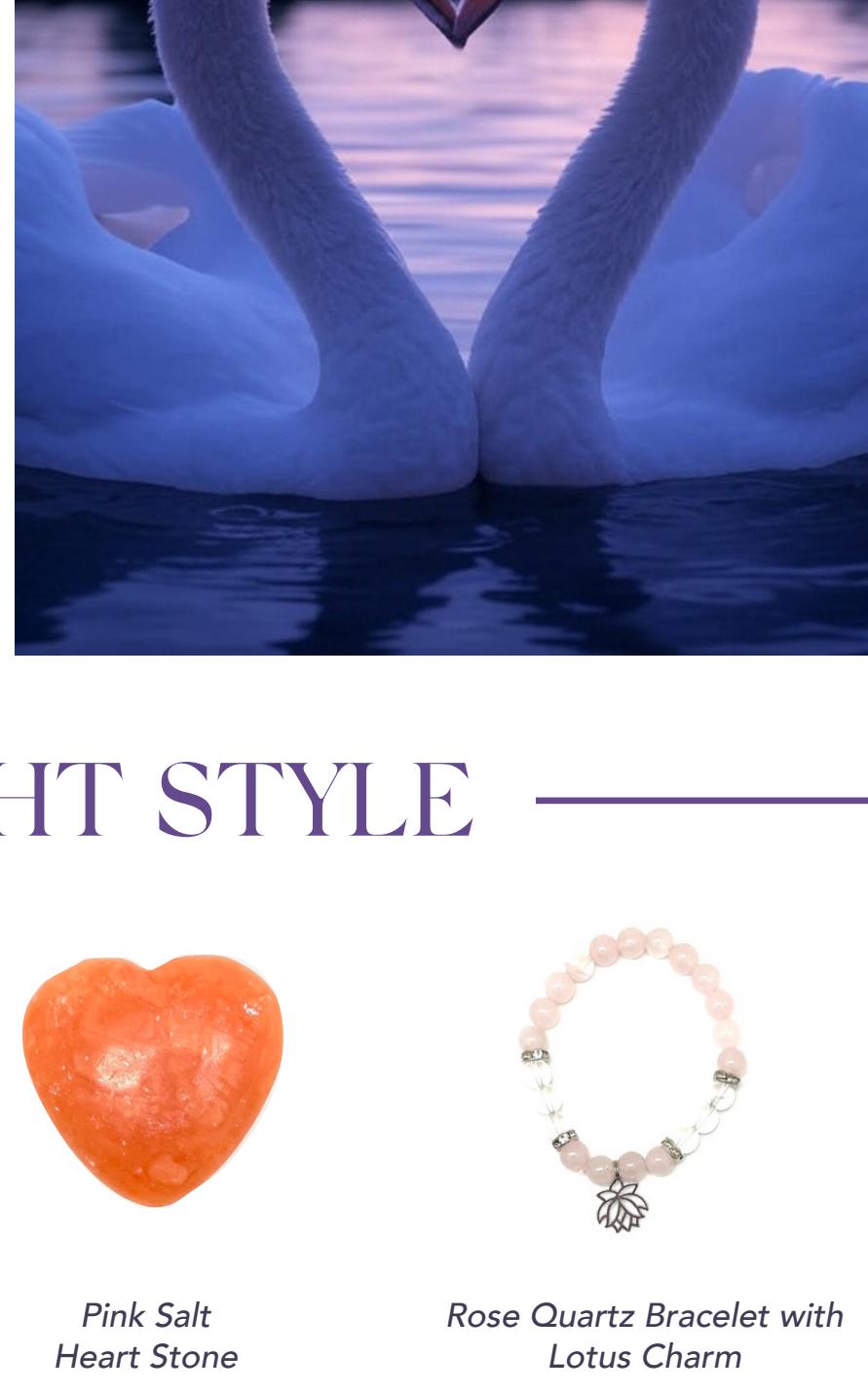
I receive it into my being with humility that I am the recipient of the Higher Grace.

In my spiritual consciousness I am cleansed. In my mind I am oriented toward productive Self-expression. In my emotions I attain serenity. In my body I acquire vitality.

### FLOW INTO THE FEBRUARY LOVE PORTAL

Astarians realize that we are in the height of the Aquarian dimension Age and that the chaos of the previous age is crumbling right before our eyes. We hold fast to the training of our beloved Robert, Earlyne, Ascended Master Kuthumi and Yeshua or Jesus the Christ. We focus on the attunement with the Light and disregard the noise of the dying era while steeping in the stillness of the Divine New Age. We remind you to reside in the place in your heart that speaks empathy, compassion, kindness and most of all unconditional love as this is what will guide all of humanity into the promise of the new era. Use the Astara affirmation to protect and regulate your consciousness and streamline your attention towards the blessings from above that keep us safe and protected and ascending. This is our time.

### FEBRUARY SPOTLIGHT



## LIGHT STYLE



Silver Puffed Heart Necklace



Pink Salt Heart Stone



Rose Quartz Bracelet with Lotus Charm

Silver puffed heart necklace is a symbol of the power of the heart and the love that it generates.

Love meets wellness Crafted from the purest Himalayan pink salt, this heart-shaped stone is more than just a pretty face. It's a powerful tool for both physical and emotional wellbeing.

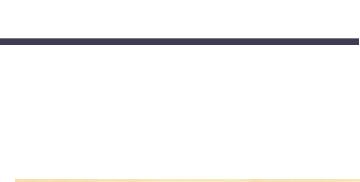
Experience the transformative power of love and serenity. Our rose quartz bead bracelet, accented with a meditating lotus charm, is designed to: Promote self-love.

[SHOP](#)

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## SPIRITUAL ACCELERATORS



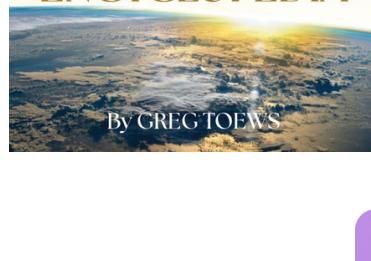
Astara Light Technique:  
Heart & 1000 Petal Lotus

The 3rd module in the Astara Light Technique Series: Heart & 1000 Petal Lotus Pre-recorded 100 min. video and Presented by Greg Toews Includes activating inner perceptions and helps align with soul purpose.



Transmutation- How the Alchemist Turned Lead into Gold by Robert Chaney

A Lesson On The Practice And Philosophy Of The Ancient Art The Earthly laboratory of life is a confused enigma to most persons who pass through it.



JOURNEY WITH THE ANGELS

Did you know there are weekly free classes that correspond with the Angelic Encyclopedia? Presented by Plant Prana Oils this class is free to all Astarians.



VISIT ASTARA'S WEBSITE FOR EVENTS AND UPDATED INFORMATION [www.astara.org](http://www.astara.org)



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