Elevating Spiritual Consciousness

## YOUR MONTHLY BLESSING

NOVEMBER BLESSING

May emanations of spiritual power enfold you in the light of love and the atmosphere of creative expression. May the dynamic power of Infinite life blend with your objectives and aspirations and help you bring them to fruition.



### AFFIRMING MEDITATION

Before God in the Highest I place my concerns of this day, I ask that they be touched by the Divine Spirit in whose presence these burdens are lightened. In my mind and heart are the simple requests of a seeker after Divine Light. May I gain strength to shoulder my responsibilities in the world.

### GRATITUDE AND GROWTH

As we reflect on the 74 year Anniversary and moving forward and what that looks like for Astraa, we want to thank you all for being on this journey with us. Astara cannot exist or grow without your participation and contributions in all the various ways you interact and give back. So many reach out with fear and confusion on the times shead but we know we chose to be here and bring the Light more into focus for all.

Barlyne said it perfectly in the Book of Life:
"When you release the true love of God in you
and hamess it with faith,
then you have the power to heal,
you have the power to aswe,
you have the power to aswe,
you have the power to make the whole world new—
because you have, in love and faith,
the power to release the infinite perfection of God.
You have the power to open wide the channels
through with multifudes of angels can bring
utopia into the lives of all humankind."

Thank you all for being on the journey with Astara. We hope your souls are nourished along the way.



## - LIGHT STYLE

HOLIDAY SHOP NOW AND BEAT THE RUSH WHILE HELPING ASTARA

(Don't forget your membership discount code at checkout)





# **EVENTS**

### HELP BLESS THE ASTARA PRAYER PETITIONS

Join Astara every Tuesday this month an act of gratitude for all the Astara Ascended teachers have done for us and others, while we gather to help bless the Astara prayer petitions. Every Tuesday at 6:15 pm PST join along and help the reverends bless the mountains of prayer petitions that are submitted every day.

Let's see how many people we can get to join:





I can't join but will submit my own prayer petition











INCREASE YOUR SPIRITUAL CONNECTIONS IN 2025

Follow Astara on our social media platforms and website to keep up-to-date with our free classes, study groups, guided meditations and happenings.