

ASTARA LIGHT

Elevating Spiritual Consciousness

YOUR MONTHLY BLESSING

MARCH BLESSING

“ May the Light of the Infinite Being enfold you in Its protective aura. May your Inner Self rise upon Its rays to new heights of understanding and accomplishment ... to that high place of infinite realization where you and the Mother/Father God are one. ”



AFFIRMING MEDITATION

Let the finite horizon of life which I now view become resplendent with the new vision of life eternal which lies before me. Let the song celestial become my personal hymn.

PLANETARY PARADES ALIGNS WITH THE LIGHT

This week there is a rare, once-in-a-century, 6 planet alignment that includes Mercury, Venus, Neptune, Saturn and Uranus.

It is a cosmic catalyst for shifting out of the structures that no longer serve us and into self-sovereignty and authentic empowerment.

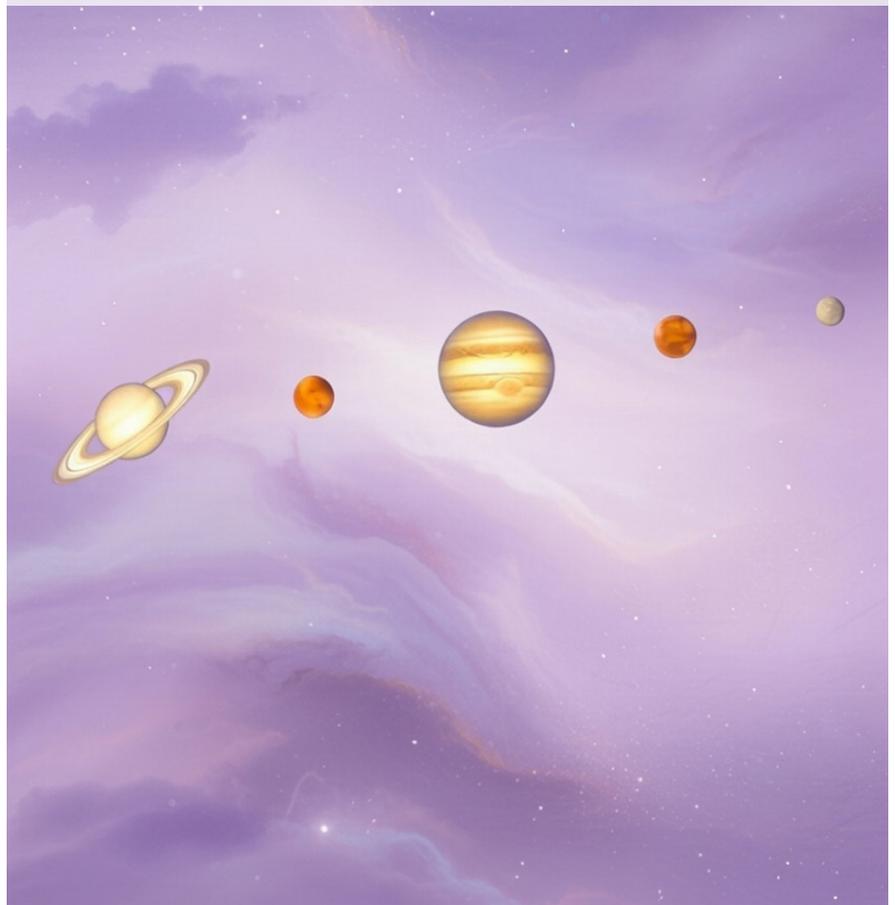
As Astarians, we are aware that the Aquarian Age is here and that new and wonderful evolutionary changes are occurring.

Our role is to hold and keep the Light during these dismantling times and to secure our foundations based in collective Love and spirituality.

This celestial event will help empower the role of the Light workers world wide, so remember your destiny and ground your dreams into reality.

You are receiving a conscious upgrade from the cosmos, you are not falling apart but are holding together with Love and heart activations.

MARCH SPOTLIGHT



LIGHT STYLE



**Shungite Palm Stone -
Medium**

Shungite Strengthens the lower chakras Protective of psychic energies projected by others Protective when placed in the environment Absorbs negativity in the environment.



**Larimar
Stone**

Larimar stone is a unique geological entity found only in the Dominican Republic. The stone is believed to help ease a wearer's stress and encourage self-development.



**Labyrinth Angel
pendant**

Labyrinth Angel Pendant Embark on a journey of self-discovery with our captivating Silver Angel Labyrinth Pendant.

SPIRITUAL ACCELERATORS

**Small Ankh
Necklace**

Embrace ancient symbolism with this exquisite mini copper ankh necklace. The ankh, a powerful Egyptian hieroglyph representing life



**Large Ankh
Necklace**

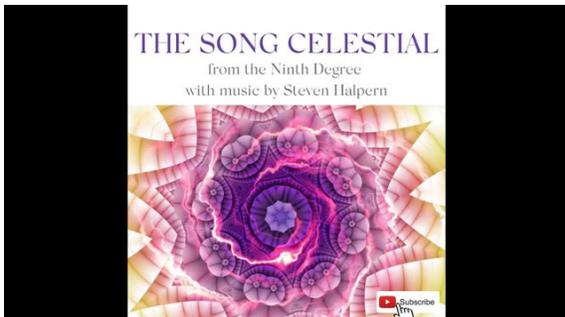
Embrace ancient symbolism with this exquisite mini copper ankh necklace. The ankh, a powerful Egyptian hieroglyph representing life. Made from copper wear your astara symbology as a reminder of your magic.



EVENTS

www.astara.org/events

Turn to Youtube for Short Meditations to Help Steer you through the Chaos



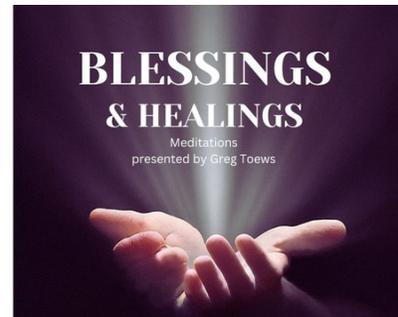
THE SONG CELESTIAL
from the Ninth Degree
with music by Steven Halpern

THE SONG CELESTIAL
*Extracted from the pages of the Astara Book of Life 9 Degree, the Song Celestial is a special "meditative Life Bardo". Relax and Sing the song of yourself "note".
Music: Angels of Grace, Music for Healing 2.0 by Steven Halpern.*



ASTARA

MEDITATIONS
*Generational Healing for breaking through past cycles fostering a healthier foundation and legacy.
25 Min. Presented By Greg Toews.*



**BLESSINGS
& HEALINGS**
Meditations
presented by Greg Toews