

# ASTARA LIGHT

Elevating Spiritual Consciousness

YOUR MONTHLY BLESSING

## JUNE BLESSING

“ May your Inner Self rise upon its rays to new heights of understanding and accomplishment ... to that high place of infinite realization where you and the Mother/Father God are one. ”



## AFFIRMING MEDITATION

Let the finite horizon of life which I now view become resplendent with the new vision of life eternal which lies before me.

### IT'S NOT UPHEAVAL, IT'S UPGRADE

We've all been feeling it. The excessive chaos of the old world order collapse and the constant battle to control how much fear is being laid out upon the population. There is a constant stream of rapid fire hits towards humanity and its evolutionary path. The spiritual industry is responding poorly, panic is replacing rational thought, the latest cleansing tool or energy upgrader is pushed with discounts and layaways alike.

Now is the time to do a self-check. Are you buying into the fear that is pushed? Are you edgy and not unkind because of the stories being pushed to trigger you? Just stop take a breath and remember who you are. A divine Light from Source.

This is the perfect place.



## LIGHT STYLE



**Brown Leather With Brass Lattice Cuff Bracelet**

Leather and Brass cuff is infused with the historical symbology of power and earth energy. A status of power and wealth and a wearable work of art.

\$29.00 USD

SHOP



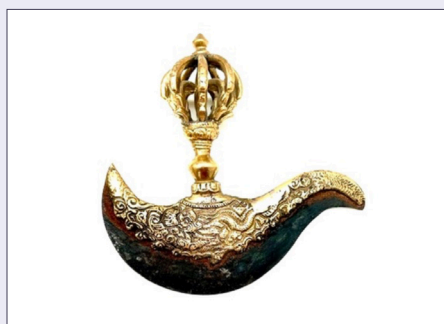
**200-Year-Old Mala from Tibet IV**

Discover the timeless elegance of this 200-Year-Old Mala from Tibet, a rare spiritual artifact crafted with meticulous care. Each bead carries centuries of tradition and powerful energy.

\$54.00 USD

SHOP

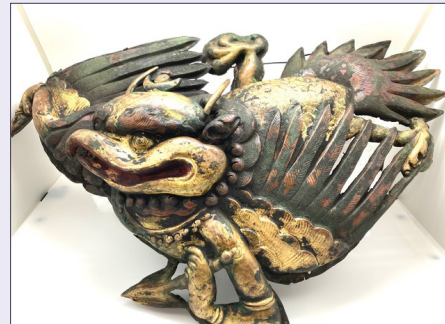
## SPIRITUAL ACCELERATORS



**Large Copper Top Kartika**

The kartika represents the cutting through of ignorance and attachment, symbolizing wisdom and liberation. In spiritual practices, it severs the ties of ego and illusion, guiding the practitioner toward enlightenment.

SHOP



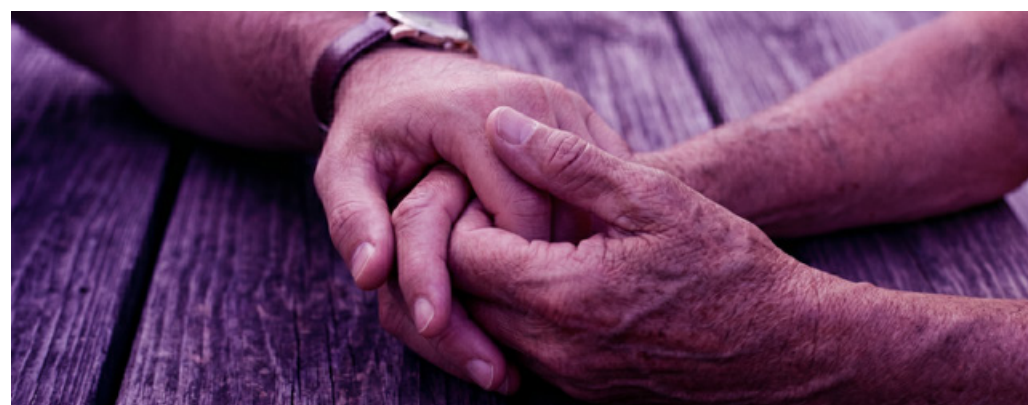
**Early 18th-Century Garuga wall hanging**

Enhance any home space with this Early 18th-Century Garuga wall hanging. Featuring relic-grade features and details, this practitioner-grade piece will help to enhance any sacred space

SHOP

## EVENTS

[www.astara.org/events](http://www.astara.org/events)



### SPECIAL FATHER'S DAY MEDITATION

Sunday Sacred Space  
Join Astara as we honor the father energy

June 21 10:00 a.m. PDT



INCREASE YOUR SPIRITUAL CONNECTIONS IN 2026

Follow Astara on our social media platforms and website to keep up-to-date with our free classes, study groups, guided meditations and happenings.

SEEK THE LIGHT - [astara.org](http://astara.org)