

# ASTARA LIGHT

Elevating Spiritual Consciousness

YOUR MONTHLY BLESSING

## DECEMBER BLESSING

“This is the day. This is the moment to come together in a spiritual experience of harmony, joy and oneness with the Infinite Spirit.”



## AFFIRMING MEDITATION

Infinite Love flows through my entire being ... and through me into the life of everyone I meet.  
I am in the Infinite Light and the Infinite Light is in me.

## DECEMBER SPOTLIGHT



### A NEW SANCTUARY, THE SAME PLACE OF LIGHT AND LOVE

Dear Astara Community,

They say that a home is not a place, but a feeling. Over the last few weeks, as we have packed boxes and transported our sacred items to our new location at 58 Malaga Cove Plaza, Palos Verdes, CA 90274, we have realized the truth of that statement. Relocating involves not just moving furniture, but moving energy

We are overflowing with gratitude as we move forward into the holidays, to have successfully moved our Spiritual Center to its new home. While the walls around us have changed, the spirit that binds us together has only grown stronger. This move represents more than just a change of address; it is an expansion of our energy and a widening of our circle and an energetic anchoring of our forever home. We know the ascended teachers of Astara have picked this wonderful location for us to have more of a community feel, to spread the teachings and to experience an elevated, higher frequency to share the teachings.

We want to thank every single volunteer and prayer warrior who helped with this transition as Astara's former location was put up for sale. Astara has created a beautiful new space where healing can happen, where wisdom can be shared, and where peace can be found, not too far from the old location. Astara classes will be held onsite and events open to more people to meditate, heal and learn so please check the weekly listings and if you are in the neighborhood, please stop by and say hi. We will have an open house on December 7th and look forward to many future events to share with you all.

This was a sudden and unexpected move and we are happy to say, it had little financial impact to Astara (miraculously!)

This space was waiting for us, ready to hold the frequency of our meditations, our classes, and our gatherings. Come share the energy with us soon.

With deep love and gratitude for all your support. Please note our new address and know that all mail has been forwarded.

Season's Greetings to you all.

## LIGHT STYLE

GIVE A GIFT THAT GIVES BACK.

Don't just give a present; give a purpose. Every purchase supports Astara's mission to keep the teachings alive, making your holiday shopping an act of service.

Giving  
Tuesday  
donate

GIVE NOW

shop  
online  
shop  
conscious

SHOP

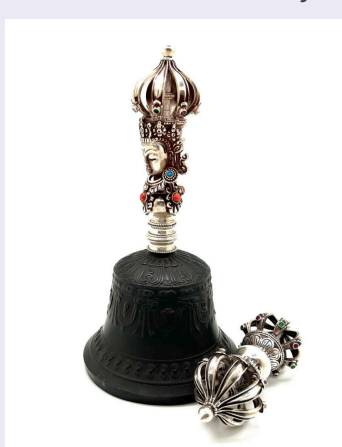
## SPIRITUAL ACCELERATORS

Dorje and Bell Pair,  
Practitioner Grade



SHOP

Silver Dorje and Bell Set  
with Emerald and Ruby



SHOP

Dorje and Bell,  
Practitioner Grade Large



SHOP

## EVENTS

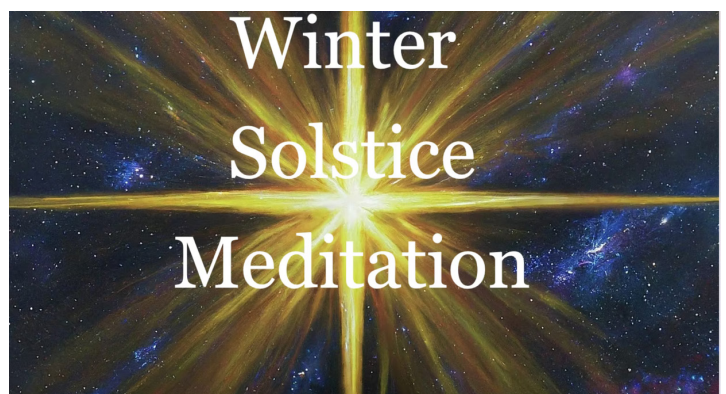
[www.astara.org/events](http://www.astara.org/events)

Join Astara as we celebrate the festive season in our new location.  
For the month of December all Sunday sacred space will also be held onsite.

Check listings for events.



Saturday, December 7th 4:00 pm - 7:00 pm  
Palos Verdes Estates, 58 Malaga Cove Plaza,  
Palos Verdes, CA 90274



Saturday, December 21st 6:00 pm - 6:45 pm  
Zoom and at Palos Verdes Estates, 58 Malaga  
Cove Plaza, Palos Verdes, CA 90274



INCREASE YOUR SPIRITUAL CONNECTIONS IN 2025

Follow Astara on our social media platforms and website to keep up-to-date with our free classes, study groups, guided meditations and happenings.

SEEK THE LIGHT- [astara.org](http://astara.org)

Published by Astara 2025