

The Absolute is
beyond knowing,
but not beyond
experiencing ...



Have You Experienced the Absolute?

... Has the spiritual knowledge you've acquired satisfied that deeper yearning in your soul? Have the answers you've found so far brought the joy and peace you've sought? Does your religion answer your questions in today's ever-changing world? If your answer to any of these questions is "no," you may find help on your spiritual quest from Astara.

A nonprofit organization dedicated to elevating the spiritual consciousness and health of humankind, Astara was founded in 1951. Since then, thousands across the globe have found answers to their questions, solutions to problems, and a deeper meaning in life through Astara.

We invite you to read through the information provided here to discover how Astara can assist you. Then, to become a part of something truly life changing, complete the attached registration form and begin your journey anew by joining Astara today. If you still have questions, visit us at www.astara.org or call (800) 964-4941 for more information. We look forward to hearing from you.

Love & Light,
Astara's Board of Directors & Staff



Answers, Support and More

Christian, Buddhist, Jew, Muslim, Hindu — whatever your faith or religion, a deeper understanding and appreciation of it can be found through Astará, where wisdom of the soul is honored and taught. From the question of Absolute Truth to the nature of being, from doubt about religion to forging a more personal path, thousands worldwide have found answers to their questions and nourishment for their journey.

A modern day Mystery School, Astará probes the internal, esoteric side of conventional wisdom, digging for deeper, and sometimes unconventional, truths. Teachings promote the experience of Truth, in addition to its study. Ancient secrets for living a healthy, spiritually meaningful and abundant life are uncovered and presented to you in Astará's teachings.

Spiritual counseling and help with questions are available to members via phone, email and postal mail. And all are encouraged to regularly send in petitions to Astará's Prayer Ministry.

"I think for many of us, we look to Astará as our spiritual family. We are united through the truth we seek and the light of understanding that guides us, as well as by love, that unifies us all. Each one of us is learning and growing and discovering who we are." — S.G.

Ageless Wisdom for Today's World

Astara's Book of Life is a unique body of teachings unrivaled in depth, scope or value. From fundamentals to advanced metaphysical concepts, you are led on a journey of Self discovery, your personal journey. The 176 Lessons are yours to move through entirely at your own pace to decide for yourself how far your journey will take you....

Learn the basics of meditation, prana (energy), and your connection with life's Higher Dimensions. The concepts of initiation, reincarnation, karma, death and dying, the breath of life, the power of word, intent and ritual are all explored in depth. And so much more. From the mysteries of creation to present day, ageless truths are revealed in scripture, philosophy and the sacred texts of many traditions and cultures.

Certificates of Completion, suitable for framing, are issued for each of the eight Degrees.

Highlights of each of the Eight Degrees and a more in-depth description of **Astara's Book of Life** can be found online at www.astara.org.

"I just want to say the Astara Lessons provide the best metaphysical education one can get. I received training in areas of metaphysics that no one else in classes I attended knew anything about." — D.S.

Events Across the Globe

With members in over 80 countries, Astara strives to hold activities for as many as possible. From seminars and workshops in major metropolitan areas to regional retreats, Astara offers inspiration and resources to support members in their spiritual journeys.

Unique spiritual tours of sacred sites all over the world are offered as well. From the mysteries of Egypt to breathtaking Tibet, from the wonder of Machu Picchu to Stonehenge and beyond, these journeys are carefully crafted to provide a unique combination of activities to reach mind, heart and spirit.

For details of Astara's future events, visit www.astara.org or call (800) 964-4941 and ask for the latest issue of *The Voice of Astara*.

"I must say that the Astara retreat was my greatest single spiritual experience." – W.B.



Prayer Ministry – Help for Members

For nearly six decades, members and loved ones worldwide have benefited from Astara's powerful Prayer Ministry. Countless unsolicited testimonials tell of healings, interventions and miraculous occurrences as the result of this prayer work. Members participate by sending in requests for help with any manner of illness or problems. Petitions are in every copy of *The Voice*, and are mailed in, phoned in or emailed.

"Each time I submit a Cosmic Help Petition, wonderful things happen in my life and the lives of my loved ones ... Thank you for your loving support and spiritual assistance." — S.M.

"It really is a miracle ... that things got into place so fast. But I know in my heart that your prayers have helped these people and everything is being done according to God's will." — S.N.

"Thanks for all the help through the healing and prayer requests. Our family was really blessed...." — R.S.



A collage of several covers of 'The Voice of Astara' magazine. The covers feature the magazine's logo, which consists of a stylized star with a lotus flower inside. The text on the covers includes 'the voice of Astara', 'a publication of ASTARA', and 'Dedicated to Elevating the Spiritual Consciousness and Health of Humanity'. One cover has the title 'Realize Your Highest Self' and another has 'Honoring the Past, Looking to the Future'.

Staying Connected

The Voice of Astara offers both a material and etheric connection with Astara's teachers, staff and other members. Monthly features include teachings and inspiration from Astara's founders, as well as columns by present-day teachers. Member profiles, study group news, activities and events, featured excerpts from *Astara's Book of Life*, selected book offerings, prayer petitions and much more are in every issue.

Astara maintains a comprehensive website for members and non-members alike. It's the place for news, information and inspiration — support along your spiritual path. Visit www.astara.org to learn more about Astara, upcoming events, to shop our book and product selection or register for membership. **The Voice** is available for viewing or download every month.

"I do appreciate The Voice every month and it is one thing I read as soon as I receive it... My connection to Astara is so real and comforting to me that the tie seems constant and unbroken." — A. K.

Astara Offers You ...

... a unique opportunity to allow the wisdom of the ages to change your life. For a nominal \$35 Lifetime Membership registration fee, with no further obligation, you will receive the first three lessons of *Astara's Book of Life*. We'll also mail you our newsletter, *The Voice of Astara* each month, to discover for yourself the many benefits of membership.

To help you begin your study as a new member in earnest, you will also find special introductory offers for more lessons, at substantial savings. See the enrollment form at right for the details. No matter which membership option you select, we pay the shipping. Complete and return the form today, register online at www.astara.org/register or call Astara's Center at (800) 964-4941.



Astara Membership Enrollment Form

The information is kept confidential.
We do not rent or sell our membership list.

Name _____
(please print) (first) (middle) (last)

Street _____

City _____ State _____

Country _____ Zip _____

Telephone (_____) _____

E-mail Address * _____

Birthplace * _____ Birth Date * _____

Religious Background * _____

Occupation * _____

Name of Spouse/Partner * _____

Referred by * _____

* **Optional** (member name) (member zip code)

FORM OF PAYMENT: Credit/Debit Card Check/M.O.

CARD #: _____

EXP.: _____ **SECURITY CODE:** _____

PAYMENT AMOUNT: \$ _____

Signature _____

Choose an Option:

- Lifetime Membership \$35*** [free shipping]
(including the first three Lessons)
- Lifetime Membership plus First Degree**
(22 Lessons) **\$99*** [free shipping]
- Lifetime Membership plus all Eight Degrees**
(176 Lessons) **\$599*** [free shipping]

* CA residents: 7.75% sales tax.