



Focus on the  
Unchangeable  
During Changing  
Times  
Dr. Frank Haggard

“Father, why hast thou forsaken me?” The literal translation was “Father, for this I was chosen.” Jesus saw beyond the appearances to the real purpose for His life.)

Saint Francis of Assisi recognized this process when he prayed that he be given the power to “see the things I can change, accept the things I cannot change, and the wisdom to know the difference.”

If your life seems to be going in the wrong direction; if other people seem to be making the wrong decisions; if our government seems to be going out of control; it is time to stop, close your eyes, take a deep breath and say to yourself “This seems to be beyond my control. I therefore surrender my will to the divine will of my heavenly Father-Mother God who knows my purpose and the direction I need to go. I am at peace. So be it.”

I wish you happiness, prosperity, peace, and above all else, pure, unconditional LOVE.

Sincerely,

Dear Astarian,

We are told that we are headed for many changes in the near future. Indeed, many people are clamoring for change at all levels of their lives. When we enter into these periods of change it is important to keep our focus on those things that are unchangeable.

When Jesus was confronted with the coming crucifixion that was to be His destiny, He at first asked that it be changed, that He be spared this agony. He then looked beyond the condition He saw on the physical realm and surrendered to the will of Father-Mother God and was able to be sustained throughout His trials on the cross. (The King James version of the bible was mistranslated when Jesus cried out

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## Upcoming Events ...

- **Anniversary Weekend in October with Thomas Ashley-Farrand** (*The Mysterious Kundalini* and *One Thousand Names and the Powers of Lalita*) See page 6 for details.
- **Astara's Spiritual Ceremony** — See page 6.
- **Every Sunday: Astara's Services**  
An hour of stimulating and fascinating Metaphysical Services from various teachers and speakers. See schedule of sermon titles on page 15.