

The Voice of Astarta®

October 2006
Volume 56, No. 1



Anniversary Weekend with Dr. Raymond Moody

This month we celebrate Astarta's 55th Anniversary in San Diego. In addition to the seminar *New Visions of the Afterlife: Near Death Experiences and Beyond* with Dr. Raymond Moody, two book signings have been set up. One is in Escondido and the other in San Diego. More information on the book signings, seminar and the Sunday Insight Service that Dr. Jill Porter will present can be found on page 13 with the sign-up form.

Millions of people all over the planet have glimpsed an extraordinary world beyond when they survived close calls with death. Dr. Raymond Moody, author of *Life After Life: The Investigation of a Phenomenon — Survival of Bodily Death*, has interviewed thousands of people who had what he called, "near-death experiences." Now, this "father" of near-death experience studies brings us up to date with the latest findings in this fascinating field and introduces us to other astonishing phenomena of the afterlife.

Dr. Moody reports on his research into "empathic death expe-

riences," the visions of bystanders at the bedsides of dying loved ones. He will also describe cases of the "swan song phenomenon," in which people at the threshold of death sing, recite or compose poetry as they attune themselves to the other side. Dr. Moody will also acquaint us with the simple technique for evoking the departed which was practiced by the ancient Greek oracles.

Those who return from the brink of death bring back lessons of a love which transcends anything we experience on earth. By looking into the mysteries of the afterlife, we will learn how to become happier and more loving during our lives here on earth. Join Dr. Moody as he discusses how to apply knowledge gained from other-world visions to comfort the grieving and access the higher dimensions of our lives now.

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Exciting New Books from Astarta!

Long Night's Journey into Dawn: Ease Your Pain

by Dr. Sita E. Chaney

One woman's personal journey out of the grip of devastating illness brings forth heartwarming messages of love sent to comfort and heal everyone who reads them.



The Book of Blessings and Meditations: A Weekly Spiritual Pilgrimage

by Robert G. Chaney

More than just a book — a personal guide for a yearlong spiritual journey in search of your Highest Self.



See page 6 for more details.



"The Most Wonderful Time of the Year"

Dr. Sita E. Chaney

Dear Astarian,

As you may know, this exciting month of October, 2006 is Astara's 55th Anniversary. When I think of my brave parents breaking ground for the foundation of this wonderful, metaphysical organization back in 1951, I feel so proud of them and my heart begins smiling right away. What courage they must have had to begin all the writing that took place in the following years, start holding church services for the metaphysical aspects of all religions, and begin doing intense research into the metaphysical philosophy of all ancient wisdom. Even though there were those that told them they were sinners, Satan worshippers and that their teachings were going to send them to hell, they did not balk, but bravely followed the path.

Looking back on all that happened in those 55 years, I share this pride with you, dear Astarian, and I spiritually reach out to my sweet Mama up in heaven, letting her know I feel she was a woman before her time. And when I'm taking my sweet, 92-year-old Daddy out for lunch or dinner, I often pat him on the back and share my love and pride with him, as well.

Happy 55th Anniversary, dear Astarian. Please join us either physically, or in spirit when wonderful Dr. Raymond Moody will be celebrating with us by holding his day-long metaphysical seminar in San Diego.

Love and Light,

The Voice of Astara...

PUBLISHED MONTHLY BY ASTARA, INC.

OCTOBER 2006

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Astara®

SCHOOL OF THE ANCIENT MYSTERIES
CHURCH OF ALL RELIGIONS
ACADEMY OF ALL PHILOSOPHIES

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PRINTED ON RECYCLED PAPER

Just What's Online at www.astara.org?

For several years Astara has maintained an active presence on the Internet. Our website, designed for both Astarians and nonmembers alike, offers a variety of features and resources which are updated regularly. For those who are not already regular visitors, here is some of what's offered:

❖ **Calendar of Activities** including Sunday Service speaker and topic information as well as the description, time, place and details of all upcoming events.

❖ **Event Registration** — secure, of course — for any approaching seminars and workshops.

❖ **Members Only Section** with news of Astarian-only events, access to Online Teachers' Forums, secure Degree Lesson ordering and more.

❖ **Degree Completion Certificate** request form for members completing full degrees.

❖ **Prayer Petition** submission forms for both Healing and Cosmic Help prayer.

❖ **Voice of Astara** — articles from the latest issue (before it arrives in the mail) and a large archive of past columns and a complete copy of the *Voice*, features and articles.

❖ **Secure Communication Form** Contact Astara's center securely and directly.

❖ **Slideshows** with photos of various events including spiritual tours.

❖ **Tour Brochure** including the complete itinerary, color photos and all the details of Astara's next spiritual tour.

❖ **Catalog** and secure online ordering of all of Astara's books, tapes, and CDs, plus items and books featured in recent issues of *The Voice of Astara*.

❖ **Email Addresses** of departments and individuals at Astara's center.

❖ **Membership Information** and secure online member registration.

❖ **Request Form** for printed membership information, brochures, etc.

These features and more are available all the time on Astara's website, as well as occasional special features and events. If you would like to be notified of special events, updates and changes on the site, be sure to request a password for the "members only" area and your email address will be added to your member record for future notifications.

Get To Know Your Fellow Light Seekers

Astarian Marty Maxwell



I completed Astara's Eighth Degree Lessons in October of 2005. I would like to tell you about myself and how I came to know Astara.

My *real* spiritual journey began about six years ago. I began receiving guidance through dreams, signs of nature and songs that "popped in my head," as well as a few voices every now and then.

My guides were showing me that I needed to strip away the old order and doctrine (Church of Christ) and start all over again. One of the dreams to illustrate this was that I took my lamp to a repair shop. The repairman showed me how the bulb clip was just a tiny bit off and needed to be centered. However, he couldn't just move it over to the center, he had to completely disassemble the entire unit and put it all back together again to fix it right.

To walk away from an overbearing establishment that engulfed my entire life was very difficult and confusing for me, yet I knew my soul could not be stifled any longer. Putting away all of that brainwashing and starting over almost took me to the edge. I felt like a baby in the middle of the deepest, darkest jungle all alone. One of my first instructions was a voice that simply said "Nirvana." I didn't even know what that meant, so I looked it up in the dictionary. I thought, "God wants me to be a Buddhist?" So I studied reincarnation and Buddhism awhile and then had a dream showing me to make a U-turn and go back to where I came from. I had studied just enough to see the similarities of the teachings of Buddha and Jesus. My second dream took me down the Native American Path. It was so meaningful for me. Again, I had another U-turn dream. I had studied just enough to see the similarities to Christianity. After the third dream of taking me down the Wicca Path, I finally could see where all of this was going. I was to walk the woven path, integrating all of them together. I was also sent to ancient Egypt in my dreams, working in the secret chambers under the pyramids; to Isis and Sirius and on and on. It was an amazing journey and I'm not doing it justice here, but just wanted you to get the gist of it.

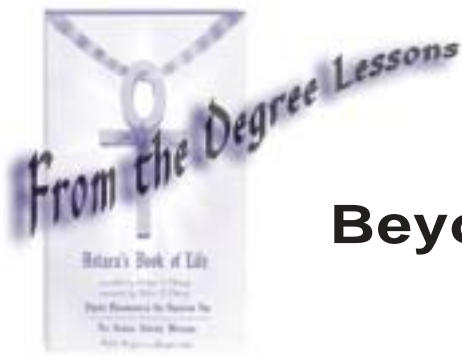
I went outside one summer night and held my hands up to the heavens and stated in a very tearful, frustrated manner that even though I was confused and not sure what to believe anymore, "I want to serve the God of all Gods, the creator of all creation, the holiest of all holy — the God of all things pure and good." Not long after that, I heard a voice say: "Star saluter — Sarah Star." I thought at first that the Universe had given me a star name. It wasn't until I received the brochure from Astara a few months later that I realized the voice said

"Astara" instead of Sarah Star. In other words, "To the one who salutes the stars, watch for Astara."

Before receiving the Astara brochure in the mail, many signs and messages were given to me that I couldn't make sense of at those times. For instance, I saw arrows everywhere. Arrows in my dreams, arrows in the clouds and even once when I was getting a horoscope reading, the counselor said, "Any time you see arrows, watch for a very important message. God wants you to pay attention to anything with arrows — I can't stress how important this is." So you can imagine my "AHA!" moment when I saw the address of Astara on "Arrow" highway (Astara's former address). I think every cell in my biology was vibrating so high that I felt like I was about to levitate. I could feel my soul jumping for joy! Almost every picture on the brochure was an exact duplicate of the dream images I had been having. I forgot to mention that I had checked into other mystery schools but couldn't afford them and put a prayer out to the Universe that I wanted to know the big picture. I asked that I could be guided to a mentor, teacher, school — whatever — to learn the whole truth of all there is. The brochure came just a couple of weeks later. It was definitely the answer to my prayer. I could afford it and study at my own pace. Thus, my journey with Astara began.

Earlyne, Rama, Kuthumi and Zoser have come to me many times. A couple of times they saved my life. Once from what felt like a heart attack and the other, a pretty severe asthma attack. Their pictures are beside my altar and I've called upon them for the healing of others from time to time. I am also a Reiki Master and my healing room is filled with Astara Masters, Reiki Masters and my original guides and angels. It gets pretty crowded in there but the Astara guides have a very different energy and I can usually tell them apart. I had an aura oil painting done at a psychic fair — the artist could see auras and would paint what she saw. While I was posing, she remarked how many guides and angels were with me. She had never seen one with so many. When she finished, I saw myself with a feminine spirit. She looked very much like Earlyne. The picture is one of my most treasured objects.

My awakening process was so scary and I had no one to talk to. I would love to help others that may be going through awakening now. Especially Christians who feel like they may be struck by lightning for reading anything other than the Bible. I can relate so well to that. I give love and gratitude to Astara everyday for releasing the chains that were holding my spirit down.



Beyond Human Love

Over the last 55 years some remarkable changes have taken place. Yoga, meditation and alternative health practices have become mainstream, even preferred methods for living fuller, more aware and productive lives. Energy, Prana, Chi, whatever name is used, is now recognized as a vital life force. For years books on spirituality and its natural end result of holistic living have been regular best sellers. Science has moved beyond itself. Exploration of space has shown us Earth in her borderless radiance and other planets and galaxies of an ever widening universe. Death is no longer a dreaded ending.

There is much to celebrate, but much still needs to be done. The Oneness which all these remarkable shifts are a part of often remains abstract, dismissed as idealistic “new age” drivel or seen as a threat to long held sectarian beliefs. But these shifts have slowly opened doors to a level where they become more than individual interests and experienced as part of a greater whole. And it is to this end that Astara’s commitment, along with other workings of Light at the heart of these shifts, continues toward realization of the fullness, the Oneness which these shifts, these powerful, initiatory “baby-steps” are leading to.

At this time of Anniversary we thank Dr. Robert and Dr. Earlyne for their commitment, for always, always walking their talk, and for the incomparable writings and compilations which have brought us this far and

prepare us for the road ahead. Where else would you find gems like the following from Fifth Degree, Lesson 16, page 5:

God numbers angels, men and every living thing below; the birds, the flowers, the trees; the very petals of the rose he knows by name, and every one is numbered in His Book of Life; and every hair upon your head and every drop of blood within your veins, He knows by number and by rhythm. (Aquarian Gospel, 109:22)

Let us assume for the sake of this example that we, in a small and finite imitation of the divine, have become creators in our own right on the plane of soul. And that is not a wild and irreverent imagination, for we *are* creators on the plane of soul, whether we have so far in our development recognized it or not.

The soul, on its own plane, before it reincarnates, sounds its note and calls together the etheric atoms about which the future human body is to be accumulated. Furthermore, the soul helps to decide in what family it is to incarnate; the life purpose of this coming embodiment; it settles the length of life of the body it is about to mold, and begins to gather the etheric “building blocks” for its creation.

In a word, the soul duplicates, on a lesser scale on a lower plane, the processes of the Divine Being when creating a planet, a constellation, a galaxy or a universe. But our human physical brain is seldom conscious of the soul’s great

decisions; it has no recollection of them.

Do you think that the Infinite Being made us little? How can we be little in function and purpose and power if we are cells in the grand body of God and duplicators, on a small scale, of the grand acts of our Divine Parent? Let us assume, therefore, for the purpose of this example, that we have become conscious of each individual cell in our own bodies of manifestation. Let us assume that we have recognized, and know by its rhythm and beat, every one of those bodily cells and atoms.

Not only are we conscious of them; not only do we recognize them generally; but we know each of them as a single, separative individual life and consciousness, each, like ourselves — as we think of ourselves — having its own individual manifestation, and yet at the same time being an integral and inseparable part of that sum total aggregate of atoms and cells which we know to be our human body.

With that finite example in mind, you will be better able to understand your real relationship to God. For we are cells in the body of God, in much the same manner as these cells and atoms are part of our earthly bodies.

When we come to comprehend the profound meaning of this truth, we suddenly come to understand what Jesus meant when he said:

By the sweet breaths of God, all Life is bound in One. If you touch a single fibre of a living thing, you send a thrill from that centre to the very outer bounds of life. (Aquarian Gospel 51:28)

Dr. Earlyne and Dr. Robert, your service, your lives and your Light have touched the fibre of so many more people, and so much more profoundly than you know. As staff and a body of souls in search, we thank you more deeply than you know for the enlightenment you sent into the world 55 years ago.

Astara's Featured Selections

— for October 2006

Long Night's Journey into Dawn:

Ease Your Pain

Audio version
available!

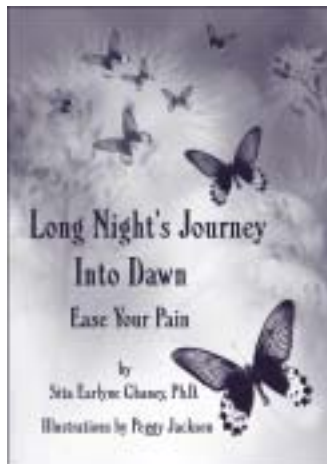
by Dr. Sita E. Chaney

Mystical, Musical Messages of Hope, Inspiration and Healing ... Little did the author know, when the tune and lyrics of an old familiar song suddenly popped into her head that November morning back in 2003, what was to come. Yet that was just the beginning of an incredible series of divine messages sent from the world of spirit, messages which continue to this day. Many of these communications are revealed in this fascinating and inspirational book.

As Dr. Chaney fought her way back from the effects of a devastating illness, the messages she began to receive offered her hope and healing. Still, it was clear to her that there was a greater purpose to be served. In the book's first chapter she explains:

"...I don't believe, dear reader, that these messages are just for me. I'm sure they are meant to help those of you who have been through any of life's ups and downs. Not simply physical trauma, but emotional trauma, difficulties in a relationship, or the trauma of trying to stay on your spiritual path in spite of what life may throw in front of you."

In addition to the colorfully recounted experiences, each individual message is accompanied by a beautiful illustration. Talented artist Peggy Jackson has depicted her perceptive impressions of these spiritual communications and they are presented throughout the book. 140 pages. **Book \$14.95; Audio CD Set \$22.95**

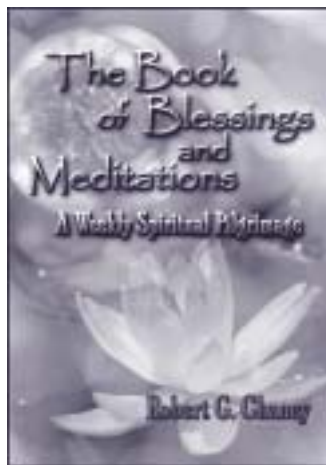


The Book of Blessings and Meditations: A Weekly Spiritual Pilgrimage

by Robert G. Chaney

A Personal Journey of Spiritual Discovery and Growth. "Simplify and Organize" is a favorite saying of noted spiritual writer, Dr. Robert Chaney. More than a catch phrase, this actually describes his personal style of teaching deep, esoteric truth. One glance at this new book reveals his mastery at doing just that.

The Book of Blessings and Meditations presents both material and method for a yearlong journey of the spirit – an upward journey toward spiritual growth and greater enlightenment. Organized into 52 sections, one for each week of the year, it is suggested that the reader internalize each simple blessing and practice the accompanying meditation all throughout the week. Journaling space is also provided, encouraging the reader to chronicle their personal thoughts and experiences along the way. Even the construction of the book, with a spiral binding and heavyweight covers, makes it easy to use as suggested. Through Dr. Chaney's simple, organized process, this unique offering becomes much more than just a book. It truly becomes a personal, sacred pilgrimage. 108 pages. **\$14.95**



Astara's Book Collection

Akashic Records: Past Lives and New Directions (Robert) Book \$9.95, CD Set \$22.95

An Inspirational Guide for the Recovering Soul (Sinor) \$14.95

Beyond Words: A Lexicon of Metaphysical Thought (Slater/Sinor) \$15.95

From the Heart: Five-minute Inspirations (Doolittle) Book \$12.95, CD Set \$22.95

God's Place in ESP (Robert) \$3.95

Initiation in the Great Pyramid (Earlyne) \$14.95

The Inner Way (Robert) Book \$9.95, CD Set \$22.95

The Jeweled Tree of Life (Robert) \$3.95

Life After Life (Moody) CD Set \$25.95

Life on the Other Side (Robert) \$4.95

Lost Empire of the Gods (Earlyne) \$15.95

Lost Secrets of the Mystery Schools (Earlyne) \$15.95

The Madonna and the Coming Light (Earlyne) \$15.95

Memories — My Parents the Mystics (Sita) Book \$10.95, CD Set \$22.95

The Mystery of Death and Dying (Earlyne) Book \$12.95, CD Set \$24.95

Mysticism: The Journey Within (Robert) \$13.95

The Power of Your Own Medicine (Robert) \$15.95

Preparing Your Personal Shrine and Your Psychic Unfoldment Center (Earlyne and Robert) \$3.95

Quit: Alternative Methods for Overcoming Addiction (Robert) Book \$13.95, CD Set \$22.95

Reincarnation: Cycle of Opportunity (Robert) \$5.95

Remembering: The Autobiography of a Mystic (Earlyne) \$11.95

Secret Wisdom of the Great Initiates (Earlyne) \$15.95

Secrets from Mt. Shasta (Earlyne) \$9.95
Shining Moments of a Mystic (Earlyne) \$3.95

Ten Steps to Self Fulfillment (Robert) \$15.95

Think on New Levels (Robert) \$5.95

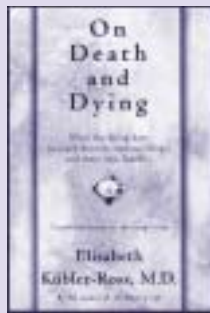
Unfolding the Third Eye (Robert) \$5.95

Visits to the Manger [16 Christmas stories for young and old] (Robert) Book \$9.95, CD Set \$22.95

Wisdom From the Angels and the Forces of Light (Earlyne) \$15.95



A stara's Selections for October



On Death and Dying

What the Dying Have to Teach Doctors, Nurses, Clergy, and Their Own Families
Elisabeth Kubler-Ross, M.D.

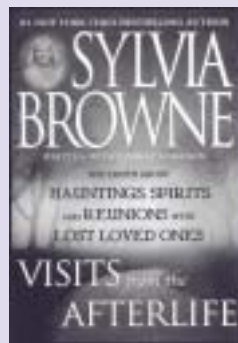
Explore the now-famous five stages of death: denial and isolation, anger, bargaining, depression, and acceptance. Through sample interviews and conversations, she gives the reader a better understanding of how imminent death

affects the patient, the professionals who serve that patient, and the patient's family, bringing hope to all involved. 286 pages. **\$14.95**

Mrs. Hunter's Happy Death

Lessons on Living From People Preparing to Die
John Fanestil

What is the secret of people who die contented and fulfilled? What makes it possible for them to attain such spiritual heights as they approach their physical demise? Fanestil blends the captivating historical accounts he uncovered with stories from his own pastoral experience to reveal the secrets that enable people to transcend pain and suffering and die truly graceful deaths. Hardcover. 261 pages. **\$23.95**



Visits From the Afterlife

The Truth About Hauntings, Spirits, and Reunions with Lost Loved Ones
Sylvia Browne with Lindsay Harrison.

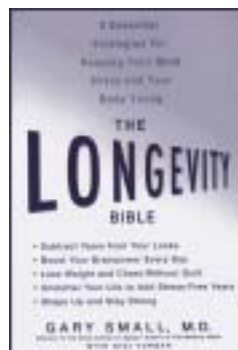
Browne journeys even deeper into The Other Side with her stirring true encounters — her visitations with ghosts, in-transition spirits, and other troubled souls seeking peace and closure. Through these spiritual visits, she explains the reasons behind many

of the world's most bizarre and mysterious hauntings. Hardcover. 268 pages. **\$25.95**

The Longevity Bible

8 Essential Strategies for Keeping Your Mind Sharp and Your Body Young
Gary Small, M.D.

This detailed and practical guide will help you achieve healthy aging. It provides a wealth of information ranging from the physical to the spiritual, covering topics such as nutrition, brain and body fitness, and methods of stress reduction and maintenance of healthy relationships. Hardcover. 318 pages. **\$23.95**



Morning Notes

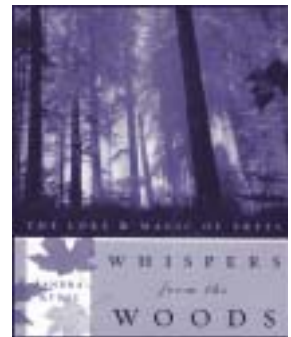
365 Meditations to Wake You Up
Hugh Prather

Morning Notes provides a year's worth of spiritual and emotional nutrition. Read the daily entries sequentially, dip into the book at random, or go back to passages that speak particularly to your life. Say "no" to self-loathing, judgment, anger, and prevaricating. Say "yes" to love, forgiveness, self-healing, and change. 365 pages. **\$14.95**

Whispers From the Woods

The Lore and Magic of Trees
Sandra Kynes

This guidebook presents the essentials of the Celtic Ogham and tree calendars, then goes on to include instruction in meditation practices, shamanic journeys, feng shui, spellcraft, and ritual. The second half of the book, set up in an easy-to-use field guide format, offers a wealth of information on fifty trees, including their attributes, lore, powers, and seasonal correspondences. 273 pages. **\$17.95**



Change Your Mind and Your Life Will Follow

12 Simple Principles
Karen Casey

Organized around twelve very simple steps, this book give us the tools we need to find within ourselves the positive, peaceful responses to every curve life throws us.

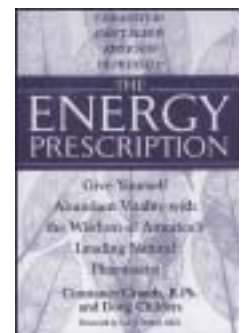
Learn how every encounter is a holy encounter — and we can all respond accordingly. Discover how with one step at a time, each of us can make small changes — that add up to big changes — to the only person any of us can change — ourselves. Hardcover. 149 pages. **\$14.95**

The Energy Prescription

Give Yourself Abundant Vitality with the Wisdom of America's Leading Natural Pharmacist

Constance Grauds, R.Ph. & Doug Childers

Tap into the wellsprings of vital positive energy that lie within you (but are often blocked by the dispiriting negative energy of fear) by combining cutting-edge Western science with the ancient healing principles of shamanism. Learn to identify your energy "leaks," restore the dynamic flow of energy through eight primary gateways, release stress and tension through a deeper somatic awareness, and look beyond visible physical symptoms to achieve genuine healing. 254 pages. **\$14.00**



The Flame of Life — Part 3

Chapter 10 — Can We Work for Cosmic Consciousness?

by Frances Paelian
Research Editor: G.H. Paelian, Ph.D.

[Editor's note: We continue this lesson series from 1958, prior to the use of inclusive language, that was once offered by Astara. It was written by Frances Paelian, who wrote *The Mystical Marriage of Science and Spirit* (currently out of print) and contributed to the artwork found in *Astara's Book of Life* series. G.H. Paelian was Frances' father, a physicist and an Astarian.]

Cosmic Consciousness, or the direct Realization of God, has always been the supreme goal of humankind. Most people are forced to lean on faith and on the writings of the Spiritual Scriptures of the world for their knowledge of Immortality and the other "deep things of God." This, however, will always remain secondary to direct knowledge and firsthand experience of these tremendous mysteries.

No man of our age, perhaps, inquired more deeply into the hidden mysteries of life than Dr. Albert Einstein. In his Unified Field Theory and the Theory of Relativity he provided the scientific rationale for the timeless religious beliefs of mankind. By reducing the geometrical solid facts of the material universe to a series of mathematical formulae — mental realities — he forced Science to posit

the existence of an Infinite Mind.

Dr. Einstein was a truly religious man. Nothing meant more to him than speculating on the Nature of *God*. "The most beautiful and most profound emotion we can experience is the sensation of the mystical. It is the power of all true science. To know that what is im-



penetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty which our dull faculties can comprehend only in their most primitive forms — this knowledge, this feeling is at the center of all true religiousness." [*The Universe and Dr. Einstein*, by Lincoln Barnett]

Dr. Einstein had a deep emotional conviction as well as a scientific basis for belief in a Superior Reasoning Power. The mathematical principles underlying the universe clearly indicated the activity of such a Mind. Still, no scientific evidence had come to him in his investigations for the belief in the immortality of the soul. Like

Socrates, Dr. Einstein's desire to know the Truth was his one aim in life.

A popular magazine writer, Jonathan Reed, writing for a somewhat sensational illustrated magazine, made the allegation that Albert Einstein was responsible for his own death. He asserted that Dr.

Einstein failed to report at the hospital when he, suffering from a damaged aorta, was warned that to do so would mean certain death.

Was this article a scandal, a blot on the name of a man who has almost been regarded as a saint by our generation? Did it bespeak a lack of reverence for a very great man? No, unconventional as the thought may have been — it did not. Mr. Reed also concluded that Dr. Einstein's fatal decision lay in reasons outside this earth.

Jonathan Reed was well aware of the mysteries on which Dr. Einstein had pondered all his life. "The most beautiful and profound emotion we can experience is that of the mystical" was part of Albert Einstein's personal philosophy. Perhaps, the magazine writer speculated, Dr. Einstein gave his life to seek a firsthand experience of the truth concerning the immortality of the soul. He was explicit in his conviction that Dr. Einstein

could not have made an ignoble decision. A man of his courage could not possibly see fit to leave the world to escape loneliness or pain.

We wondered if this thesis had any fact behind it. As we have no way of penetrating the thoughts of Dr. Einstein at the time, we can only deal with hypothesis. We know many facts about Albert Einstein that might lend validity to Mr. Reed's belief. We know that the noble teacher placed no value on personal happiness or the desires of this world.

It is possible that Dr. Einstein found the prison of the senses an unbearable obstacle to the direct experience of God. The great professor who had solved the unbelievably intricate problems of space-time geometry realized that mortal men were hopelessly baffled by the unfathomable mysteries of life and death. "My religion," Dr. Einstein once said, "consists of a humble admiration of the illimitable superior spirit who reveals himself in the slight details we are able to perceive with our frail and feeble minds."

"Man's inescapable impasse is that he, himself, is part of the world he seeks to explore," Lincoln Barnett, himself, commented on Dr. Einstein's attitude in his famous biography.

Mr. Reed, then, meant no disrespect to the memory of Albert Einstein when he indicated that it was Einstein's scientific spirit (which placed Truth as the highest value) that created the fatal decision. Perhaps, indeed, Albert Einstein hungered to experience the Eternity Domain and to push the walls of matter aside once and for all — to behold the Unobstructed Universe.

We had no idea at the time that we read Jonathan Reed's article that a most startling personal experience of a supernatural nature would form a triumphant conclusion to the story of Dr. Einstein.

My father, Dr. G. H. Paelian, had corresponded with Albert Einstein when the founder of the Unified Field Theory was alive. It had always grieved Albert Einstein's fellow scientists that so great a man had no basis for faith in the immortality of the soul. This thought had come especially to Dr. Paelian's mind at the time of Albert Einstein's passing. It was Dr. Paelian's deep interest in establishing the scientific proof of IMMORTALITY that had drawn him to the meetings of the Astar Foundation.

Continued next month

Astara's 55th Anniversary Weekend Schedule

Thursday, October 12 • 7 pm

**Book Signing at Borders — Mission Valley
with Dr. Raymond Moody**
1072 Camino Del Rio N., San Diego, CA
(619) 295-3822

Friday, October 13 • 1 pm to 3 pm

**Book Signing at The Philosophical Library
with Dr. Raymond Moody**
2091 E. Valley Parkway, Escondido, CA
(760) 745-2724

Saturday, October 14 • 10 am to 9 pm (with meal breaks)

**"New Visions of the Afterlife:
Near Death Experiences and Beyond"
Seminar with Dr. Raymond Moody**

Sunday, October 15 • 11 am to noon

Sunday Service with Dr. Jill Porter

Location:

**Horton Grand Hotel
311 Island Ave., San Diego, CA**

**Registration for Seminar:
\$205 per person**

(price does not include lodging or meals)

1-800-964-4941, www.astara.org or use form below

San Diego Seminar Reservations 1-800-964-4941

October 2006 (Lodging and meals not included)

Phone: (909) 948-7412 • Fax: (909) 948-2016 • www.astara.org
10700 Jersey Blvd., Ste 450, P.O. Box 2100, Rancho Cucamonga, CA 91729-2100

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PHONE (DAY) _____ (EVE) _____

EMAIL _____

HOW YOU HEARD ABOUT THIS SEMINAR _____

I would like to make reservations for the ...

_____ *New Visions of the* x \$205/person \$ _____
Afterlife Seminar

TOTAL \$ _____

Check/M.O. Charge

CARD NO. _____ EXP. _____

SIGNATURE _____



A LEGACY OF TEACHINGS FROM DR. EARLYNE

[Editor's note: In the many decades of Earlyne's teachings there is a wealth of material we continue to share.]

QUESTION: Why are the masses of souls so afraid to die? There seems to be a built-in fear in the mass consciousness of humanity.

ANSWER: Well, simply because they've died so many times before. All of us have died many times before, and many have been very fearsome experiences. We've gone through the Valley of the Judgment, and we've met our own thoughtforms. We remember what happened to us the previous times we've died. Now that we've learned about the Bardo and the Clear Light, we want to experience a beautiful death, and that's why I've written a book on death.

But that's part of the reason the mass consciousness is afraid of dying. There is also the fear of facing the unknown. Those who aren't into the New Age don't know what's going to happen to them. They're not even sure they'll be in existence after that. A lot of people think when you're dead, you're dead. They fear there's only oblivion. That is fearsome. If I thought that, well, I'd be fearful, too. But I know better. I know about the tunnel, the Clear Light — and I know what's going to happen, so I look forward with happy anticipation to my life on the Otherside.

QUESTION: Would you recommend that when a New Age light seeker passes over, someone notify you? Do you pray for the recently deceased so their transition will be easier? How do you pray?

ANSWER: Oh, please, please do notify us at Astará — just prior to passing, or a few days before, if possible. Certainly, just following. One of my most sacred duties is to be with these special souls as they experience initiation in the White Light. Or, as they experience their first days in the higher dimensions. It is not a duty — it is rather a sacred honor. I consider it my greatest privilege to pray at that time. I link up not only with three overshadowing Masters — Rama, Zoser and Kuthumi — but also with Jesus and Mary, to the best of my ability. And to the angel world.

How do I pray? Well, I just talk to all of them — exactly as if they stood as a group before me. Then I use my own special form of a rosary to plead the Mother's help (the Flame of Love) and my own special form of the Divine Mercy Prayers when I pray to Jesus. I continue my prayers for the one gone over for at least a month following their transition. It would help, too, if, following a call, you could send a prayer petition to Astará for them. It would help us to keep a contact with them during their first month Overthere. When I am no longer here, Robert, Sita and other teachers at Astará will continue this ritual. And I hope you'll all pray for me when I, too, make my transition. And for Robert and Sita, too. Thank you.

TIMELESS WORDS OF INSPIRATION BY DR. ROBERT



[Editor's Note: Besides being an editor for the publication, Golden Rays, published by The Library of the Spiritualist Episcopal Church in Eaton Rapids, Michigan, Dr. Robert also wrote for the periodical. Here are some of his articles published in September 1947.]

The source of all wisdom and learning is in God. God is in all things and expresses through all creation. When one desires to know, to learn, one seeks the knowledge of God that has been given the freedom to express, not only by human beings, but by the expressions of all life, which is the manifestation of the Spirit of God on its many planes of consciousness.

Everything will speak to you of God if you will learn to listen. The language of one red rose may open your soul to the highest teachings. Through the great volumes of God-speaking Nature, you may be drawn into the plane of knowledge, into the great plane of life itself where, perceiving your oneness with it, your vision opens even to the greatness of your Self. Therefore, always and always endeavor to find your true relationship with all life as it binds you to the Eternal God.

The touch of a healing hand from the world of spirit is one of the most wonderful examples of God's kindness to and love for humans. The torture of physical pain, the torment of mental suffering, bring a hell on earth that ministering angels turn into a heaven of peace.

If Spiritualism brings no other boon to humankind, it brings the knowledge that Divine methods of healing still brings relief to mind and body. Use this healing force originated in heavenly realms. It will bring you health, peace and happiness.

To catch the vision of your Self is one of the most wonderful experiences you can have. It is not a vision of a person, as you see in your mirror, but a realization of your Self as spirit and the attunement of your Self with Spirit.

One who has this vision looks upon the world with Serenity and soul poise. One sees the passing and changing of things material and knows that, being spirit, you are eternal. One has wisdom, and understanding, and is unmoved by either pain or pleasure. In the heart is the eternal Song of Light.

Global Celebrations

Recognizing the diversity of spiritual celebrations around the planet.

OCTOBER

- 1 **Navaratri ends** ** — Hindu
- 1-2 **Yom Kippur** * — Jewish
- 2 **Dasera** ** — Hindu
- 4 **St. Francis Day** — Catholic Christian
Blessing of the Animals — Christian
- 6-12 (6-8 Primary Obligation Days)
Sukkot * — Jewish
- 13 **Hoshana Rabbah** — Jewish
- 14 **Shemini Atzeret** * — Jewish
- 15 **Simchat Torah** * — Jewish
- 18 **St. Luke, Apostle & Evangelist** — Christian
- 20 **Birth of the B'ab** — Baha'i
Laylat el qadr — Islam
Jummatul Wida — Islam
Installation of Scriptures as Guru Granth — Sikh
- 21 **Diwali (Deepavali)** ** — Hindu, Sikh
- 24 **Eid al Fitr** — Islam
- 28 **Milvian Bridge Day** — Christian
- 31 **All Hallows Eve** — Christian
Reformation Day — Protestant Christian
Samhain * — Wicca/Neo Pagan (no. hemis.)
Beltane * — Wicca/Neo Pagan (so. hemis.)
Deep Diwali — Jain

* Begins at sundown the day before this date.

** Local customs may vary this date.

Yom Kippur — Day of Atonement

Yom Kippur is the Jewish celebration of the Day of Atonement. On this day they fast and refrain from sexual activity. They also confess their sins and admit any wrongdoings in the hope that God will forgive them for their transgressions. This is also a time for reflection. A time to act in ways they believe will bring them closer to God. Jews believe that with confession and service to God, the Divine will forgive them just as their ancestors were forgiven and will return to dwell among them.

Although this is a Jewish holy day, other traditions also focus on atonement. As Yom Kippur demonstrates, atonement is a "reconciliation with God" or an at-one-ment. The *Metaphysical Bible Dictionary* explains how atonement is the overcoming of appetite, passion, jealousy, prejudice, and all selfishness. The ultimate result is a wholeness of body and mind. It states that there will be the creation of a new lifewave which will demonstrate eternal life, or the lifting up of the whole person (spirit, soul, and body) into the Divine consciousness, and thus becoming one with the Father/Mother God.

"You are a free soul — with a choice as to your destiny. Indeed

OCTOBER SUNDAY INSIGHT SERVICES

An hour of meditation, music and inspiration.

Sundays, 11 AM in the
Earlyne Chaney Memorial Sanctuary
10700 Jersey Blvd, Ste 420, Rancho Cucamonga

Ministers: **Rev. Ruby Morrow, Dr. Sita Chaney
and Rev. Steve Doolittle**

Music Coordinator: **Fred Stewart**
Director of Special Music: **Mary Moffatt**
Ushers: **Bill Blackwood and Alex Sanchez**
Book Store Volunteers: **Leona Sanchez,
Peggy Rodriguez and Janis Bryant**

1st

The Wallet Process

Rev. Ruby Morrow

Manifesting abundance.

8th

Angel Baby

Dr. Jill Porter

Come get inspired by the angel in the mirror.

15th

Come Walk the Physical Way (SAN DIEGO)

Dr. Jill Porter

Get inspired with the physical life.

Smooth Transitions (UPLAND)

Rev. Steve Doolittle

How we live, in large part, determines how we die. A look at a variety of teachings on preparing for a smooth transition.

22nd

To be announced.

Dr. Frank Haggard

29th

Music — Life's Great "Staff"

Fred Stewart

Like air and water, music is an important ingredient. To what "NOTE" do you vibrate?

you are! But simultaneously you are held, by one infinitesimal seed atom, to your past. You are a free soul concerning your future — but you are also a victim of your past, your own misdeeds, your own weaknesses....

"The time will come when the undesirable karmic picture images of the past will have become completely nullified. You cannot attain to the high spiritual estate which will ultimately be yours until you have dissipated all the 'bad' karmic record in the physical heart seed atom." [First Degree, Lesson 14, page 12-13]

Yom Kippur is an excellent time to work off your karmic debt. Try to use this time to go "above and beyond" what you would normally do for your fellow humans. Remember the Divine is in all things and all creatures. Let your heart help you celebrate the Day of Atonement.



"Child of the Infinite"

Dr. Jill Porter



and explain them in everyday terms. Anniversary will be a fun-filled learning adventure.

On several occasions I have been asked how a person can be so joyous and fun when constantly surrounded by death. I have learned the answer to this. Death is a philosophy. And how one views this philosophy is how one lives his or her life. For me, death is not the cessation of life. It is the event that lies between the culmination of my life's events and going home to share in the love of those who have gone before me. For those who are blessed to have a Near Death or Empathic Death Experience, they get to have their noses pressed up against that transparent barrier and glimpse into the home we all will return to at some point.

We are all spiritual beings walking through this physical existence. I have learned from Astara and Dr. Raymond Moody that I am truly a child of the infinite having a Near *Life* Experience. So I will place my nose to the window-pane and look forward to seeing all of you who will be able to join us for Astara's Anniversary Weekend celebration.

Much Love to you my angels,

Dear Astarian,

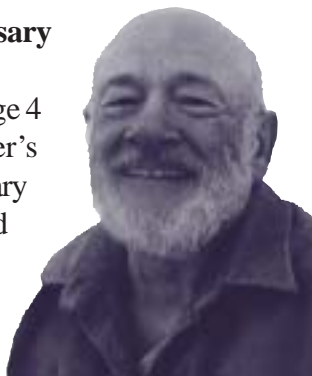
Dr. Robert often tells me that I am a "child of the Infinite." As Astara's Anniversary Weekend approaches with Dr. Raymond Moody I find myself in the childlike state of excited anticipation. This is the same feeling a child gets around the December holidays of Christmas and Chanukah. I'm looking forward to being with a good friend and my Astarian family.

Raymond will be speaking about his research on Near Death Experiences. For those of you who know Raymond, I know you share my excitement of seeing him again. For those of you who do not know Dr. Raymond Moody, I can tell you that he is a blast to be around. He lives life to the fullest in whatever he does. As a teacher, he has that rare ability to take complex, abstract concepts

Upcoming Events ...

- **55th Anniversary (Oct. 2006)**

Sign up on page 4 for this October's 55th Anniversary celebration and featured anniversary guest speaker, Dr. Raymond



Moody. In addition, Dr. Moody has two San Diego area book signing engagements. See pages 1 and 13 for details.

- **Every Sunday: Astara's Insight Services**

An hour of stimulating and fascinating Insight sessions from various teachers and speakers. See schedule of topics on page 15.



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Astara's Prayer Ministry

“My thanks again for all the prayers and help. Please tell the young gentleman I spoke with for my son who had to go through surgery. I felt so good after I spoke with him. Love to all.” — E.M.

“I am sending a donation ... for so many favors received through your and my prayers. One in particular always comes to mind. My four-year-old granddaughter was, I think, dying from an infection during her treatment for Leukemia. She has eight months of treatment left but she has had no major infections since that one and is doing well. Thanks again for all your prayers.” — R.C.

“Thank you so much for all of your prayer support. Over the past two years, I've submitted numerous petitions for Cosmic Help for our daughter, who is a performer. Her career path is so difficult, and she persists because it is her passion. Thank you for your assistance in helping to make her dreams come true. It is finally happening! Doors are opening. Jobs are coming her way. She is more confident and definitely happier. She will have appeared in a Super Bowl commercial by the time you read this; other commercials are in process, and she is dancing in a show that she adores.

“Thank you, also, for helping me have the faith to ‘retire.’ We are still financially comfortable and afloat, without having to drive 70 miles round-trip to work each day. Thank you. I thank God for Astara. You have been such an important part of our lives.” — S.M.

Are you keeping up your spiritual growth through study? Continue your Lessons by using the request form on page 5.

Dear Astara...

“I love Astara. All of you feel like friends.” — I.C.

“I hope all is well in your new location. I'm always thinking of you. Due to my family obligations and my job I find little or no time for me. You're in my heart always.” — A.P.S.

“I am a new member to Astara and am eagerly reading and learning from the Lessons. Thank you so much as I am on my new path.” — E.S.

“Thank all at ... Astara that I live by and through — I do so much appreciate the magazine and all it has to offer over the years. It's helped me so much and opened my mind.” — D.Z.

“Astara has helped me more than I can say. I have been into Mysticism for a long, long time. Astara has been my anchor, my spiritual anchor, in the storm of life. I want to express my gratitude to everyone at Astara. I have worn many hats in my mystical trip, but I treasure Astara the most. I tell you one thing: Astara offers the purest mystical path that I have ever known. I think all the Masters thusly channel their White Light on Astara. I know I could not ‘make it,’ could not achieve anything, without Astara shining its light on me. Everything, every fiber of me offers its gratitude.” — F.C.B.

“Words are never enough. However, I feel compelled to attempt to express my appreciation in writing. I cannot begin to describe the wonderful transformation in my life, thanks to Astara. My journey to your door began over a decade ago when I was introduced to Astara by an acquaintance. Although I had been on the path for some time, I was wandering in my spiritual desert, always knowing that someone had the concrete answers for me, the seeker. I must admit that in my arrogance, I wondered what Astara could possibly teach me that I couldn't find at the library or bookstore. When the first Lessons arrived, I read with interest and discovered information that would be virtually impossible to find elsewhere. At that point, I vowed that no matter how long it took, no matter how much effort required, I was going to finish all the Degree Lessons. And I did. Even when the path was steep, the challenges difficult, and I had lost my way, I felt Astara was with me.

“I am truly humbled by the sheer volume of material that is covered and the magnitude of effort that was required to bring this information to light from the various philosophies, mystery schools and religious traditions. Honestly, I do not think it is humanly possible to provide such clear interpretations accomplished in the Degree Lessons.

“What's more amazing is how Astara has helped me. Many, many times, I would put aside my studies when the mundane world became just too much. When I would return to my Lessons, the subject would always be pertinent to the hurdle I had recently cleared. Or, I would be contemplating another spiritual work and would find the same topic covered, as if it was always waiting for me, patiently saying, ‘Here lies the answer.’ In those years, I have been blessed with the opportunity to study other religious works and have found that none of them comes close to the richness of the Degree Lessons. While I realize I have a long journey ahead of me, I feel confident that I have the keys to unlocking the mysteries I am sure to face.

“Words are never enough, except these two: Thank you.” — K.M.

Astarian Healing Petition



All communications on this Petition are held in the strictest confidence.

Astara® • (909) 948-7412
10700 Jersey Blvd., Ste. 450 • Box 2100
Rancho Cucamonga, CA 91729

1. Fill in the Petition on the other side.
2. Concentrate a moment upon the Astarian Symbol.
3. Hold Petition between your hands, visualize the healing becoming a reality, offer your prayer, then send it to us.
4. Each day, sit in meditation for a few moments, visualizing yourself in an aura of White Light. If you wish, repeat the Astarian Affirmation which you will find on the other side.
5. When requesting healing for someone else, it is important that you include the address of that person and your own name and address.

Request to the Light of Astara for Cosmic Help



1. On the other side of this Petition write clearly and briefly the nature of your needs.
2. Meditate on Light surrounding your request for a few moments. Allow the Light and needs to become one.
3. Repeat the invocation and visualization which you will also find on the other side.
4. Send in the Petition.
5. Each day, meditate upon your request and again voice the invocation.

All communications on this Petition are held in the strictest confidence.

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10700 Jersey Blvd., Ste. 450 • Box 2100
Rancho Cucamonga, CA 91729

Please direct your prayers and spiritual healing energies to:

Name _____

Address _____

Your name (if different from above) _____

Your address _____

For the following difficulties:

Signature _____

The A starian A ffirmation

"I am surrounded by the Pure White Light of the Christ...
Nothing but good can come to me ... Nothing but good shall go from me ... I give thanks!"

Please direct your prayers and spiritual energies to:

Your name _____

Your address _____

For the following requests:

Signature _____

A starian Invocation to the Light of A stara

"I invoke the Secret Circle and I visualize this problem (outline it briefly in a few words) being solved according to God's will for all concerned. I give thanks!"

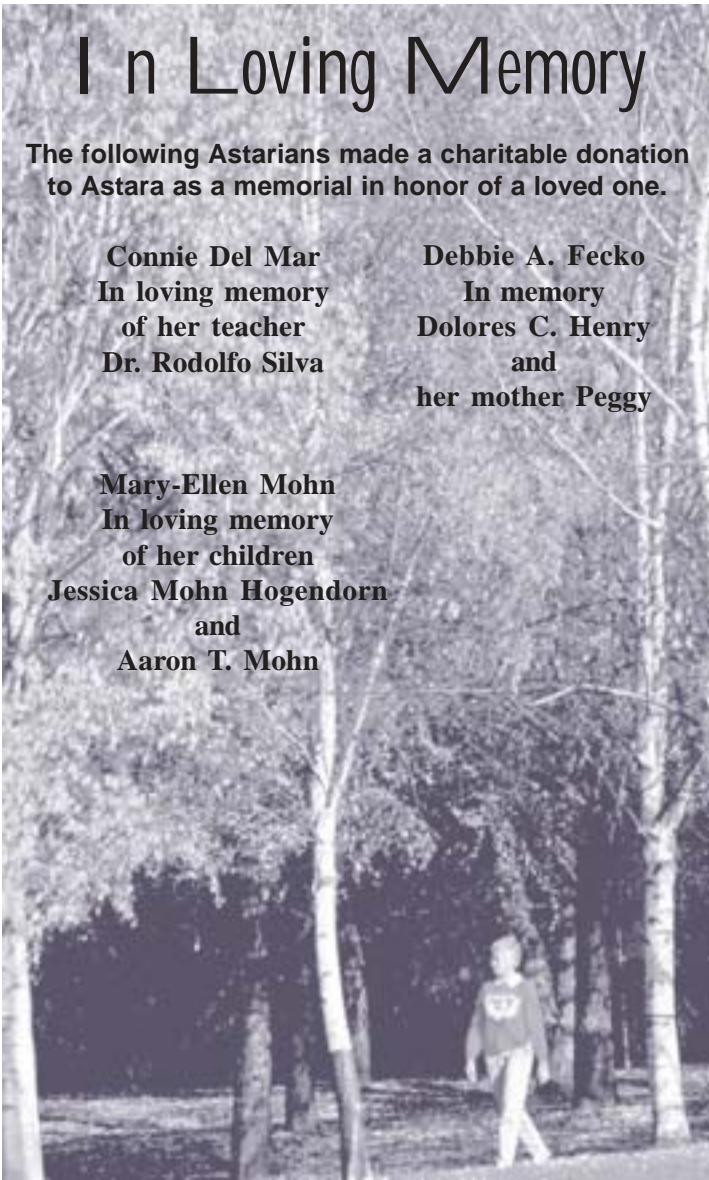
In Loving Memory

The following Astarians made a charitable donation to Astara as a memorial in honor of a loved one.

Connie Del Mar
In loving memory
of her teacher
Dr. Rodolfo Silva

Debbie A. Fecko
In memory
Dolores C. Henry
and
her mother **Peggy**

Mary-Ellen Mohn
In loving memory
of her children
Jessica Mohn Hogendorn
and
Aaron T. Mohn



Astarian Meditation for World Peace

Join Astarians all around the planet when you pick *any hour of any day* to add your prayer/energy to a brief group meditation. At the top of each and every hour, Astarians *somewhere*, in some time zone, will be pausing for these group meditations. Whether you choose to select a certain hour every day, pause a few times each week, or just take advantage of the group energy whenever you happen to remember at the top of the hour, you'll be joining other Astarians sending and receiving the Light energy. When tapping into the energy stream created by these groups, you are encouraged to consciously open yourself to receive both healing and inspirational energies as well as to transmit some of your Light energy to others.

Every gun that is made, every warship launched, every rocket fired signifies in the final sense, a theft from those who hunger and are not fed, those who are cold and are not clothed. This world in arms is not spending money alone. It is spending the sweat of its laborers, the genius of its scientists, the hopes of its children. This is not a way of life at all in any true sense. Under the clouds of war, it is humanity hanging on a cross of iron.

— Dwight Eisenhower, 1953 speech

Astara's Sacred Seasonal Ceremonies

Conduct your own Seasonal Ceremony just like Astara's teachers. Dr. Sita E. Chaney felt a Divine influence telling her that these ceremonies were needed by all Astarians, particularly those living far from Astara's Southern California Sanctuary, to help feel a connection to Astara and the energies found here. During these ceremonies, spiritual energy is specifically channeled to spiritual items.

If you wish to conduct your own seasonal ceremony, as we do here on the Equinox, just fill out the form below and we will send you an "affirmation" feather and sage smudge stick along with a description of our ceremony and a suggested format for a personal ceremony you can conduct to complete the circle and connect with both the Divine Source of Life and those of us at Astara.

Sacred Seasonal Ceremony

Yes, I would like to join Sita, Steve and Ruby in the Sacred Seasonal Ceremony. Please send me one feather and sage smudge stick, along with the description of the ceremony and suggestions for conducting my own.

NAME _____

ADDRESS _____

CITY _____ STATE/PROVINCE _____

COUNTRY _____ ZIP _____

PHONE (DAY) _____ (EVE) _____

I would also like to make a donation to help defray the cost of offering this ceremony to Astarians everywhere.

Autumn Equinox

Donation Information:

Check/M.O. Charge Amount \$ _____

CARD NO. _____ EXP. _____

SIGNATURE _____

Please complete and return this form to Astara (10700 Jersey Blvd., Ste 450, P.O. Box 2100, Rancho Cucamonga, CA 91729)